



All meals in bold are homemade

Each colour represents the band colour your child should choose for the meal that day.

	WEEK ONE					WEEK TWO					WEEK THREE				
	2 nd November	23 rd November	14 th December			9 th November	30 th November	21 st December			16 th November	7 th December	28 th December		
	4 th January	25 th January	15 th February			11 th January	1 st February	22 nd February			18 th January	8 th February	29 th February		
	7 th March	28 th March				14 th March					21 st March				
	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the Day 1	Beef Burger in a Bun with Pasta Salad	Spaghetti Bolognese	Roast Chicken with Parsley Potatoes, Stuffing & Gravy	Meat & Potato Pie	Fish Fingers with Chips and Tomato Ketchup	Margarita Pizza (v) with Jacket Wedges	Sweet & Sour Chicken With Wholegrain Rice	Roast Pork with Mashed Potatoes, Stuffing & Gravy	Lasagne with Tomato Bread	Fishcake with Chips and Tomato Ketchup	Margarita Pizza (v) with Half Jacket Potato	Sausage with Mashed Potato and Gravy	Roast Chicken with Roast Potatoes, Stuffing & Gravy	Jamaican Chicken Casserole with Wholegrain Rice	Fish and Chips with Tomato Ketchup
Dish of the Day 2	Quorn Burger (v) in a Bun with Pasta Salad	Vegetable Bolognese (v)	Quorn Roast (v) with Parsley Potatoes, Stuffing & Gravy	Chickpea & Lentil Stew (v) with Wholegrain Rice	Cheese Omelette (v) with Chips and Tomato Ketchup	Tarka Dahl with Wholegrain Rice	Chickpea Tikka Masala with Wholegrain Rice	Quorn Roast (v) with Mashed Potato, Stuffing & Gravy	Macaroni Cheese (v) with Tomato Bread	Bean Bake (v) with Chips and Tomato Ketchup	Chickpea and Vegetable Curry (v) with Wholegrain Rice	Quorn Sausage with Mashed Potato	Quorn Roast (v) with Roast Potatoes, Stuffing & Gravy	Sweet and Sour Vegetables with Noodles (v)	Cheese Flan (v) with Chips and Tomato Ketchup
Oven Baked Jacket Potato	Jacket Potato with Cheese (v), Baked Beans (v) or Tuna	Jacket Potato with Cheese (v), Baked Beans (v) or Tuna	Jacket Potato with Cheese (v), Baked Beans (v) or Tuna	Jacket Potato with Cheese (v), Baked Beans (v) or Tuna	Jacket Potato with Cheese (v), Baked Beans (v) or Tuna	Jacket Potato with Cheese (v), Baked Beans (v) or Coleslaw (v)	Jacket Potato with Cheese (v), Baked Beans (v) or Tuna	Jacket Potato with Cheese (v), Baked Beans (v) or Tuna	Jacket Potato with Cheese (v), Baked Beans (v) or Tuna	Jacket Potato with Cheese (v), Baked Beans (v) or Tuna	Jacket Potato with Cheese (v), Baked Beans (v) or Coleslaw (v)	Jacket Potato with Cheese (v), Baked Beans (v) or Salmon	Jacket Potato with Cheese (v), Baked Beans (v) or Tuna	Jacket Potato with Cheese (v), Baked Beans (v) or Tuna	Jacket Potato with Cheese (v), Baked Beans (v) or Tuna
Grab a Bag	Cheese (v)	Ham or Cheese (v)	Turkey or Egg	Tuna or Cheese (v)	Egg or Cheese (v)	Cheese (v)	Ham or Cheese (v)	Turkey or Egg	Tuna or Cheese (v)	Egg or Cheese (v)	Cheese (v)	Ham or Cheese (v)	Turkey or Egg	Tuna or Cheese (v)	Egg or Cheese (v)
Vegetables	Sweetcorn and Peas	Carrots and Broccoli	Roast Carrots and Parsnips and Cabbage	Mushy Peas and Cauliflower	Baked Beans and Peas	Baked Beans and Peas	Broccoli and Carrots	Carrot and Swede and Peas	Green Beans and Cauliflower	Baked Beans and Sweetcorn	Red Coleslaw and Sweetcorn	Baked Beans and Sweetcorn	Broccoli and Carrots	Mixed Vegetables and Peas	Baked Beans and Mushy Peas
Desserts	Frozen Yoghurt with Shortbread Finger	Peach & Butterscotch Pudding with Custard	Syrup Sponge with Custard	Flapjack with Custard	Apple Sponge with Custard	Toffee Ice Cream with Shortbread Finger	Rice Pudding with Peaches	Marble Cake with Custard	Hobnob Cookie with Custard	Apple Crumble with Custard	Ginger Shortbread with Custard	Peach Melba Squares	Jam Shortbread with Custard	Pineapple Upside Down with Custard	Chocolate Brownie with Custard
	Fresh Fruit/ Yoghurts	Fresh Fruit/ Yoghurts	Fresh Fruit/ Yoghurts	Fresh Fruit/ Yoghurts	Fresh Fruit/ Yoghurts	Fresh Fruit/ Yoghurts	Fresh Fruit/ Yoghurts	Fresh Fruit/ Yoghurts	Fresh Fruit/ Yoghurts	Fresh Fruit/ Yoghurts	Fresh Fruit/ Yoghurts	Fresh Fruit/ Yoghurts	Fresh Fruit/ Yoghurts	Fresh Fruit/ Yoghurts	Fresh Fruit/ Yoghurts

A SELECTION OF BREAD AND DRINKING WATER WILL BE AVAILABLE DAILY

TaylorShaw
School Food of Excellence

WE USE SEASONAL VEGETABLES TO ENSURE THE BEST QUALITY PRODUCE

