



“Values are principles that guide our thinking and behaviour.”

James 1: 3: because you know that the testing of your faith produces **perseverance**

Welcome to the first ever St Thomas of Canterbury Values Newsletter. Each month, a value will be introduced to the student. Each value will sit under the umbrella of one of our Core Values of Faith, Aspiration, Effort and Respect. We will explore these values within the school community, and we would like to invite you to do this at home, re-enforcing and supporting these important messages. We will also make strong links between these values and how they were evident in the life of Jesus. Our first value this year has been ‘High Expectations’ which sat under ‘Aspiration’.

This month’s value is:



“Your beliefs become your thoughts, your thoughts become your words, your words become your actions, your actions become your habits, your habits become your values, your values become your destiny.”

Mahatma Gandhi

Under the Core Value of:



Perseverance is a challenge. It requires us to keep going in spite, and in the face of, difficult challenges that would be easier for us to shirk and avoid. At these times, are we prepared to keep going, to have faith in ourselves, and have faith in the plan that God has for us? This month we will explore what it means to persevere, what it means to show this in our lives, and the importance of trusting in God through the act of persevering.

How Can you Support At Home?

Encourage your child to discuss with you what they understand by the value of perseverance? How and when have they shown it and how has it helped them?

Please watch this short video from Finding Nemo and explore with your child how the clips show perseverance

<https://www.youtube.com/watch?v=iRQvt>

